



INNER WHEEL CLUB OF PAKENHAM

FRIENDSHIP BOUQUET

INCA13212D

EDITION 3 OCTOBER 2025



EMAIL iiw.au.pakenham@gmail.com

PRESIDENT

ALWYN WILLIAMS

TREASURER

JENNY WATSON

SECRETARY

MARICA ROOK

**STEP UP
&
LEAD** *by*
EXAMPLE

International theme 2025-2026

IIW PRESIDENT

KAY MORLAND

IWA PRESIDENT

CLARE SWANN

A62 DISTRICT CHAIRMAN

JOAN GRIST

FROM THE PRESIDENT

What another busy month! We were disappointed District Chairman Joan couldn't make it to our meeting last month but we quite understood why. Our best wishes go to Joan and her husband Brian. We have rescheduled Joan's visit and hope to see her at our club later in the year.

We have had some members away and some not well – the travellers are gradually returning and we are pleased to hear that most of the health issues are improving too. During the past weeks I have been working on presentations for the Conference coming up in October – with my “other hat” on. All time-consuming tasks, so I was delighted to be able to go to the movies twice, book group and a have great catch up for morning coffee to provide some relief and some companionship. I can thoroughly recommend the movies and the book – all mentioned later in the Bouquet.

We will have 12 representatives in Corowa – 7 members and 5 partners.

We are gathering ideas for some activities to support the Orange the World campaign in November.

We will present these to the meeting next week.

I'm looking forward to hearing our guest speaker at our meeting about registering to be an organ and tissue donor. Sometimes real good can come from bad situations.

It wouldn't be a President's report without some comment on football- so just to let you know the Penola Under 17's won the grand final in an undefeated season (Kinta's eldest son, Hamish, was in this team) and Harry Mackay scored 10 votes in the Brownlow! Best wishes to those who have a team in the AFL grand final on Saturday.





ISO Report for IWC Pakenham from Sue Blenkhorn Club ISO

Thanks to club editor, Pam, I forwarded our August Friendship Bouquet to Ilmy, Vewia, Rachel, Poroochi, Annika & Kiran. President Alwyn forwarded it to Isabelle.

News from the Clubs

Even though some clubs did forward me emails I am unable to include them in this report

I am on holiday visiting, Albania, Kosova, North Macedonia, Italy & England. I have had very limited internet connection for the majority of our trip away.

Consequently I will include any news from the clubs in my next report.

Club International News

Orange the World

President Alwyn wrote to the Shire of Pakenham requesting that the Cultural Centre be illuminated in Orange from the 25th November (International Day for the Elimination of Violence against Women) to 10th December (Human Rights Day).

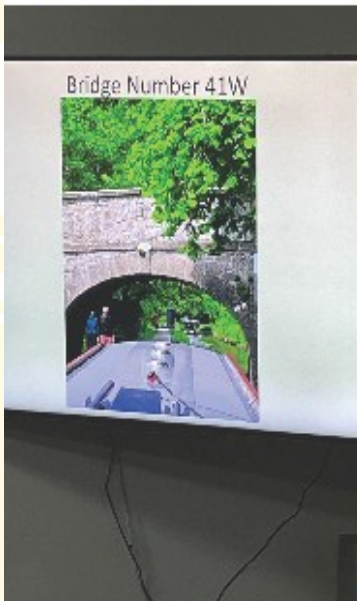
We are delighted to say that our Mayor, Jack Kowarzik, is fully behind this IWC Pakenham initiative and so the Cultural Centre will be coloured Orange as requested.

This Colour the World Orange Campaign unites all countries of the world with the UN Secretary General's UNITE initiative to end violence against women, and is supported by IIW.

SEPTEMBER MEETING



Highlights of the
September Meeting





A lovely group of our members, and some partners enjoyed 2 movie days this month. The movies were *The Roses* and *Downton Abbey: The Finale*. Both films were greatly enjoyed, sparking lots of conversation and laughter.

Afterwards, everyone gathered for a relaxing lunch, sharing good food and reflections on the movies. It was a great way to spend time together.

Maureen Lindau



CRAFT DAY AT DROUIN



On Saturday, 6th September, four members of our club attended the Annual Craft Day. After stopping for our usual coffee at Sherwood Park Orchard in Bunyip, we arrived at the Anglican Church Hall, where we were greeted by our club member, Pauline.

We were all welcomed by District Chairman Joan and had a most enjoyable time learning new crafts and renewing friendships. It was especially lovely to see IIW President Kay Morland in attendance. After a delicious lunch, more chatter, and some additional crafting, we began our journey home, feeling refreshed and inspired.

MORNING COFFEE



A lovely morning spent over coffee, chats and plenty of laughter. Great way to keep in contact between meetings.—Maureen Lindau



BIRTHDAYS FOR THE MONTH



3rd October—Jenny Watson

17th October—Marcia Rook

Wishing you are very happy birthday from all your Inner Wheel friends

We will be celebrating the Club's 39th Birthday at the October Meeting

SNIPPETS TO SHARE



has given us some great movies to watch

Untamed —Follows a National Parks Service agent as he investigates a brutal death. set in



Yosemite Natural Park, Starring Eric Bana, and Sam Neill and Rosemarie De Witt.

The Thursday Murder Club - is the story of a group of elderly people living in a retirement community solving unsolved murders. Starring Helen Mirran, Peirce Bronson, Ben Kingsley and Celia Imrie. This movie is based on the Richard Osman books

At the Movies—**Downton Abbey— The Grand Finale**—A wonderful movie, I would give this a

★★★★★ performance and definitely three tissues for the tears



Pauline made this slice for our recent Inner Wheel Meeting which was enjoyed by all members

Gluten free Chocolate Brownie

Cooking time 35 minutes

Serving 12 pieces

Ingredients:

170 grams butter

200 grams caster or granulated sugar

90 grams brown sugar

1 teaspoon vanilla

3 large eggs

40 grams of cocoa powder

70 grams gluten free plain or all-purpose flour

75 grams chocolate chips [I used 150 grams dried cranberries/craisens and a few pepitas in place of choc chips]

Directions:

1. Preheat oven to 160/180deg.
2. In a large mixing bowl add melted butter and sugars and gently whisk together. Then add Vanilla extract and stir.
3. Add the eggs one at a time stirring in between then sift in the cocoa powder and flour. Stir until just combined then add the choc chips or craisens [dried cranberries] and pumpkin seeds/pepitas.
4. Pour the Brownie batter into a paper lined 8-inch square pan or slice pan and bake for 30 to 35 minutes until just cooked. Check with skewer in middle and if it comes out with just a few crumbs on it and no uncooked batter then it is cooked.
5. leave in pan to cool and turn onto a wire rack to completely cool.
6. Easy to cut into squares if it has been refrigerated for approx. 1 hour



Sew and chatter



Firstly let me introduce a new member to our team, making her first appearance today.

After Bron's machine had a bit of a Smokey affair and went to the machine "place in the sky", she needed to purchase another, so a trip for her to Spotlight

Secondly we have quite a supply of walker bags, fiddle muffs and fiddle blankets now, with some coming from Probus, so Bron is going to do a drive around to our Aged Care facilities to see who wants what, and we will then organize further presentations.

Thirdly, could I ask please that if you are knitting Fiddle muffs if you could please try them on your own arm to ensure they fit, if the cast on or cast off is too firm, they would be difficult to put on. Also threaded ribbons are difficult as the ribbon get caught on fingers, when pulling the muff on to the arm, so best if we don't "thread ribbon thru..... thank you

The colour combinations and varied stitching makes each one so individual and will be so loved by the persons who are soon to receive them

Thanks lots to everyone for their contribution.

Alma and the chatter team.



Circle of Friends Inner Wheel Book Group

Report of September Get Together 2025

In September the group met at the home of Joy Board. There were six members in attendance including Alwyn, Joy Board, Joy de Jong, Jenny, Marilyn and me.

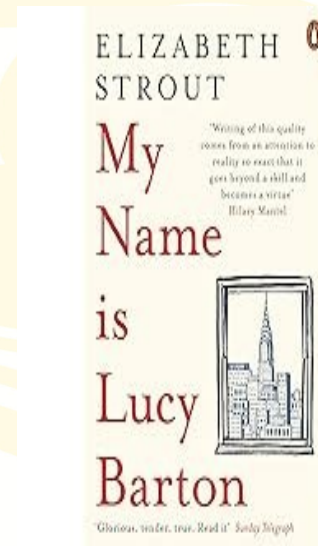
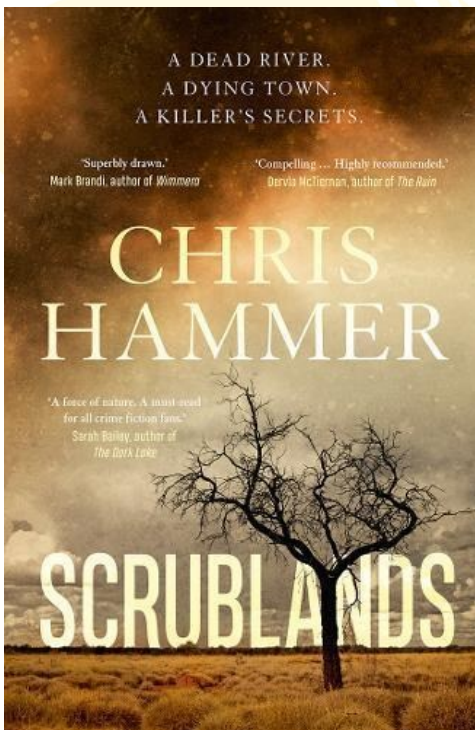
The novel we discussed was **“My Name is Lucy Barton”** by Elizabeth Strout

This was a very short novel by a well acclaimed American writer. The group had mixed reactions to the book which did provide food for thought and much discussion. It was what wasn't said that made it thought provoking. Also, we felt that the story could have been a little longer and given more insights into Lucy's life.

Next month on the 9th of October, we will be meeting at the home of Bronwyn Mepstead to discuss **“Scrublands”** a murder mystery by Chris Hammer.

Helen van Diemen

Circle of Friends Book Club Coordinator 2025



DATES FOR YOUR DIARIES



Inner Wheel General Meeting — Thursday 2nd October ,9:30 for a 10am start @ RSL

Remember to bring priced items for the trading table.

Paddy's Kitchen Sunday September 28th— joy de Jong & Helen van Diemen

Sunday 12th October— Marlene Burhop & Jan Ahern

Sunday 26th October—Anne Sheean & Pam Chalmers

Sew & Chatter, RSL – Wednesday 8th October @ the RSL 10am.

Movies: No Movie this month

Morning Coffee: Tuesday 7th October at the High Horse Café 4 Cotswold Cres Officer

National Conference: Corowa, Oct 15th—18th

Archibald visit: Geelong, Monday 27th Oct \$20 concession. Depart from station at 7:10am

Narre Warren Fashion Parade: Thursday 30th October at the Officer Sports Club 12:30 for a 1:00pm start Cost \$40:00

Warragul 30th Birthday Celebrations: Wednesday 5th November 6:30 pm Cost \$30:00

 **Berwick Oaks Day:** 6th November 1130am for a 12:00 start Cost \$60:00

Pink Ribbon Breakfast Friday 21st November to be held at Russo's Orchard. 9:30am—11:00am Cost \$35:00

Cranbourne High Tea Garden Party: 26th November 11:30 for a 12:00pm Cost \$30:00

Orange the World: 25th November—10th December

Pakenham Christmas Party: Wednesday 17th December—details to follow

Bunnings BBQ: Sunday 21st December

Breakfast in the Park : Sunday 11th January 2026

Sew & Chatter dates for the rest of the year. Please mark them in you diary.

Oct 8th

Nov 12th

Dec 10th Xmas breakup

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Could you all please add these addresses to your contact list and use them when contacting the relevant office bearer on Inner Wheel business. It will allow continuity of contact when the people holding the position change, keeps information in one Gmail file and frees up our personal accounts where sometimes specific