

# INNER WHEEL CLUB OF PAKENHAM FRIENDSHIP BOUQUET



EDITION 9 APRIL 2024

INC. A13212D

### EMAIL

iiw.au.pakenham@gmail.com

### PRESIDENT:

Debbie James

### SECRETARY:

Marlene Burhop

### TREASURER:

Jan Ahern

### FROM THE PRESIDENT

Hi everyone

I am writing this before the Easter break, hence the message – Wishing you all a lovely restful Easter. For those going away, enjoy and for those who are staying closer to home enjoy the beautiful weather that is supposed to be.

I don't know about you, but I feel that the weeks are just flying by!! Last weekend was of course Friendship Day at Lakes Entrance. This special day was organized by the IW Club of Bairnsdale. Congrats to the members of Bairnsdale for a great weekend.

As you know 10 of our members put their names down to attend Friendship Day and as it was a Dance theme we thought that we would be totally involved and organize a dance routine. Sue, Marcia, Maureen, Marlene, Joy, Jan, Pauline, Pam, Marg and myself all practiced over a few weeks, improving each time..... Jan Marcia and myself sewed our outfits and we all looked fabulous!!

I must say on a couple of the practice days we were exposed to the heat waves that



### IIW PRESIDENT:

Trish Douglas

### IWA PRESIDENT:

Susan  
Chisholm

### A62 DISTRICT

#### Chairman:

Dianne Allen

## Friendship Day 2024-BAIRNSDALE



Our super STARS- Jan Joy Marlene Deb  
Pam Marcia Marg Pauline Sue Maureen

# FROM THE PRESIDENT



All dressed &  
ready for  
our Dance



in the last part of summer stubbornly decided to hang on!! BUT this did not deter us and we all turned up for practice and you know what, those practices paid off and we were brilliant on the day I must say....

**THANK YOU TO ALL DANCERS** and thankyou to the partners for putting up with the sound of Waterloo playing in our homes as we tried to learn the dance moves.

The whole weekend was great. We all stayed in 2 caravan parks. Some people bringing their caravans along and the rest of us were in cabins/villas. The Friday night we had our final practice at one of the parks and we even drew a small crowd, who expressed their delight at - **HOW PROFESSIONAL WE WERE! - I AM SURE THAT IS WHAT THEY SAID!!!!**



Following our practice, the fellas all ventured off down the street to the Fish and Chip shop and we all enjoyed sitting in the camp kitchen eating the most beautiful fish I have had in a long time along with chips

Of course, Friendship Day was on the Saturday morning and we all enjoyed watching the other clubs doing their dance acts. We had a mixture of dancers.....line dancing, hokey pokey, hula dancers, sailors and Irish dancers. There was lots of chatter among the ladies present and it was great to catch up with everyone. Friendship Day finished about 2.30-3pm and we all went back to our caravan park for a rest. Saturday evening

# FROM THE PRESIDENT



LOTS OF  
DANCING



Bairnsdale Club had organised an evening meal at the Central Hotel at Lake Entrance. I believe about 80 people attended. The food was so yummy. So, as you can see many people from all Clubs made it a full weekend stay.

Sunday morning a Boat Cruise was organized and most people went out for an hour and a half trip around the Lakes. This was enjoyed by all as the weather was perfect and the water very smooth. Dolphins and seals made their appearances along the way.



All our group was staying the Sunday night as well, and we all ventured out to Lake Tyers Tavern for the evening meal. As I had not been to Lake Tyers before I was delighted to view the beautiful calm lake as we arrived, along with watching people fishing along the edge of the lake. We could also see fish jumping up out of the water. These fish I think had put a lot of practice in for this display and we gave them 10 out of 10!!!!

The evening and meal were great at the Tavern and a lovely completion of a fantastic weekend away.

# FROM THE PRESIDENT



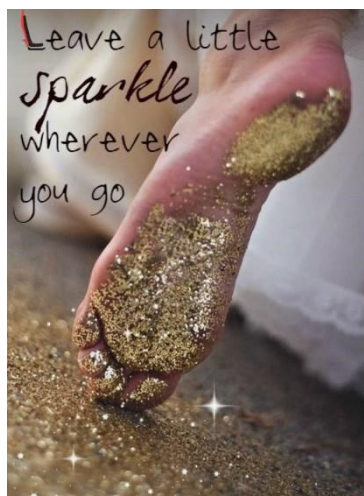
Monday morning, we all made our way home following a delightful weekend away full of wonderful fun and friendship. I am sure everyone will agree to that.



President Deb James and A62 Chairman, Dianne Allen. Dianne made her dress from repurposed wedding gowns and did amazing beading on the bodice.

Tomorrow we have the Cord Blood Walk around the lake near the Officer Club. Last report we have about 20 people attending along with a couple of 4 legged friends. Thankyou to Maureen for organizing this walk. Looks like it will be a good weather day for a walk. There will be photos in the bouquet.

EVENING MEAL AT LAKE TYERS TAVERN Sunday night



I look forward to seeing you all at our General Meeting on the 4<sup>th</sup> April 10.00am. Our Guest Speaker will be Alwyn Williams who will be talking about the IWA Website. I will also have a small video of the Friendship Day festivities including a video of our Amazing Dance. Also, Alma and Bron have organized a Representative from Millhaven Lodge, Sarah, who will give a short talk on her job and also Alma will present her with Fiddle Blankets and Chair bags to be used for the clients. Thankyou to Alma and Bron for visiting other Aged Care Facilities in the area. We will have another visit from McGregor Gardens at the June meeting. Remember if you are able to help on the Sew and Chatter days you will be welcomed with open arms.

Hugs Deb x

# CORD BLOOD WALK



## 2 for 10 Cord Blood Walk 27th March 2024



Thankyou to Maureen for  
organising



## 2 for 10 Cord Blood Walk 27.3.24



# COMBINED MEETING-APRIL



**Information / check list for Combined meeting 8<sup>th</sup> April, Berwick, Cranbourne, Pakenham & Narre Warren Inner Wheel Clubs.**

**Venue** - Dandenong Club 1579 Heatherton Road Dandenong, best to leave freeway at Stud Road exit, turn left, then left at Heatherton Road, left into carpark. **You will be required to sign in with licence when entering Club.**



**Time** – 6-30 for 7pm start

**Please Confirm - Numbers & names** of attendees Thursday 4<sup>th</sup> April to Treasurer Gail Van Der Heyden [gvanderheyden@ozemail.com.au](mailto:gvanderheyden@ozemail.com.au) 0421323304

**Cost** - \$35 per person. Clubs to pay into Narre Warren account Monday 8<sup>th</sup> April (please advise Gail of payment) please be aware late apologies will be charged



**Bank details** – Bendigo Bank - BSB 633000 a/c 185003332

**Guest speaker Pam Hawks**, "Life after Caviar" Could members please wear a Hat, fascinator headband please, to add ambience to the night.

**Raffle Prizes** – supplied by all clubs, proceeds to go to CBR.

**Birthday celebrations** – all clubs invited to take part.

**Induction** - new Narre Warren Member

**Club news**, all Clubs to partake, upcoming CBR walk, events, Change Over Date etc.

**Bon Voyage** to all members heading off to Manchester.

Names for the following meeting duties to be sent through when decided to [helenglay@hotmail.com](mailto:helenglay@hotmail.com)

Light Flame of Friendship – Pakenham

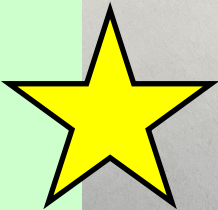
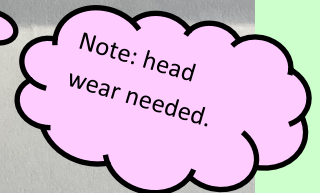
Loyal Toast - Narre Warren

Objects - Narre Warren

Grace - Cranbourne

Extinguish the Flame - Berwick

Agenda to follow





## *Inner Wheel Club of Pakenham inc*

*Visit to the Sale Art Gallery  
on 26th April 2024*

*To view the works of -  
Annemieke Mein  
A Life's Work - A Retrospective*

*COSTS:*

*Adults: \$20.00*

*Seniors \$18.00*

*Concession \$16.00*

*We will be travelling down to Sale  
by Train: If you would like  
to attend, could you  
let Maureen know*

Numbers have been finalized. Now travelling by car. Car pooling tba.



### **Report on IWC of Cranbourne Breakfast**

Sunday 24<sup>th</sup> March saw Marlene, Sue and I plus husbands, Mavis and grand daughter Sienne and family attend the Inner Wheel Club of Cranbourne's fund raising Breakfast. Approximately 40 people attended and enjoyed cereal, fruit salad consisting of strawberries, blueberries and blackberries with yummy yoghurt, then came the pancakes, egg and bacon cooked by the husbands of the Cranbourne ladies. It was a little cramped on the patio and the wind was cool but that did not stop everyone having a good time. Members came from Narre Warren, Warragul, Phillip Island and of course Pakenham.

**Report by Margaret**



## Report by Alma

I arrived at Sew and Chatter and was getting out some of what is required to get us going.

Got the iron out and Bronwyn said to me

“Gayle may want to borrow that iron, she said hers is not going to well.”

(Alma replied) “That’s fine, I think she may have donated it to the Sewing Group”.”

## Later in the day:-

Alma said to Gayle: - “Don’t forget to pack up that iron if you need it Gayle”.

Gayle looked at me with a quizzical look and said

“Why on earth would I want the iron?”

My reply to Gayle was that Bronwyn said to me that Your iron is not so good.

Gayle roared laughing and said “I was talking about the iron in my blood, not the iron I use for the cloths.”

A good laugh all around.



Pure concentration



# INTERNATIONAL SERVICE REPORT



## Sue Blenkhorn Club International Service Officer

My husband George & I are busy finalizing our trip to Europe. We will be staying with family & friends in the UK & of course will be attending the IIW Convention in Manchester. We then are taking two Back Roads tours in France. Consequently I will not be giving an ISO Report in June.

### Correspondence with Poroochi IWC Poona Downtown, India

Poroochi contacted me as a member of IW was coming to Adelaide & would like to be in touch with an IW club. I gave her the contact details of the members I knew in SA.

### News from Poroochi IWC Poona Downtown, India

DEAR SUE,  
HOPE ALL WELL WITH AND GEORGE. FIRSTLY MY SINCERE FOR NOT ACKNOWLEDGING YOUR PROMPT REPLY REGARDING AN IWC CLUB IN ADELAIDE.  
SUE U WILL BE SURPRISED TO KNOW EVEN IN ST MARTIN THERE ARE NO IW CLUBS IN SPITE OF THERE BEING FIVE ROTARY CLUBS.... THESE CLUBS HAVE MANY LADY ROTARIANS. REST ALL IS FINE WITH US AND WE ARE ENJOYING THE LAST WEEK OF OUR STAY WITH OUR FIROZA N FAMILY.... HOW TIME FLIES WE'VE BEEN HERE FOR TWO MONTHS. TAKE CARE N STAY WELL AND HAPPY ALWAYS. MUCH LOVE TO YOU AND GEORGE.  
YOURS IN FRIENDSHIP, POROOCHI

### News from Edwina IWC Poona Downtown, India

*My Dear IW friend, Sue,  
Happy Women's Day ! -- to all the ladies like you who continue to live their lives on their own terms & never back down from supporting their loved ones.  
Cheers to the celebration of womanhood, which is the definition of support, love & compassion to make the world a better place.*

*My Dear Sue,  
It is with great delight that I wish to share with you the news that my poem "WHEN YOU SHINE A LIGHT" was selected by the editors & also published in the international/ Global magazine, -Global Goan, this March 2024 (I also wrote a couple of sentences on Inner Wheel)*

Unfortunately I was unable to cut & paste the poem onto this report so I have forwarded it to President Deb & Secretary Marlene & requested that it is forward onto club members  
Sue

### Correspondence with Ilmy IWC Haarlem, Netherlands

Hi Ilmy

You asked about the name "Fairy Dell"

You are correct in thinking the origin is Welsh.

However Alwyn called it this when she was a teacher & used to bring her students for a picnic lunch. The area used to have more trees & was like a magic venue for her students.

We had a gathering of the members of A62 (our IW District ) who are going to Manchester for the Convention. This

# INTERNATIONAL SERVICE REPORT



was last Sunday at a member's home . 18 IW members attended & about 12 partners. Only two members were unable to join us. We have all purchased green T' Shirts to wear with Inner Wheel Australia printed on the back. So we will stand out in the crowd.

We are all looking forward to our adventure & compared our pre & post trips. All very different as there is so much to see & do in Europe. George & I will be touring in France & visiting friends & family in England Looking forward to catching up again, With IW Friendship Sue

## News from Ilmy IWC Haarlem, Netherlands

*Thank you so much for your latest Friendship Bouquet. As always there was much to read and to look at.*

*While you mentioned that slowly Fall is coming, we are looking forward to Spring. The yellow daffodils and the colourful tulips everywhere are our early spring messengers.*

*For me it will be an extremely busy season as we are moving into an apartment after having lived for 40 years in our present house. Needless to say we have a lot of sorting out to do, as well as throwing away.*

*In my last letter I referred to the celebration of IW Netherlands on the 9th of March, however it's not the 90th but the 75th anniversary. Sorry for the mistake.*

*Well, time flies and it won't be long till we gather in Manchester. Till then, wishing you all the best.*

*Friendship greetings to you and all the members of Club Pakenham, Ilmy*



## News from Rachel IWC Toulon, France

*Dear Sue and George*

*Nice to hear from you; yes we are going to Manchester ; Dag won 't attend the Convention but he' be there ; and we are staying at Hotel MOXY .*

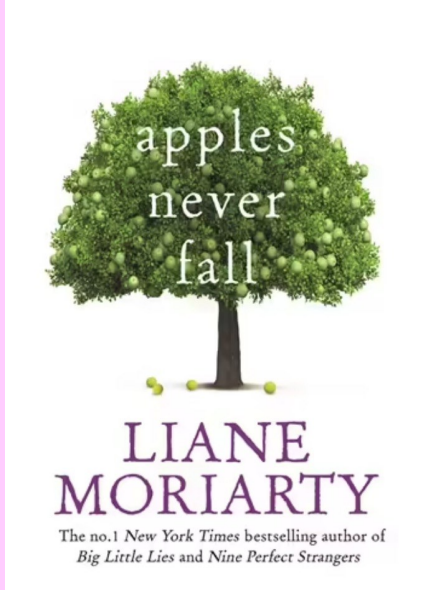
*After the convention we will spend a few days in Scotland and then we will drive to your son's family in Bude; there-after we will take the ferry PHYMOUTH-ROSCOFF and we will stay a few days at my daughter's Karen in LA TRINITE SUR MER in Brittany .*

*Then I have an IW meeting in LE HAVRE in Normandy and then we are driving back home around the 26 May .*

*So we will be home at these days and you are welcome to pay us a visit or we can see where you are staying in your Back roads trip .*



## Circle of Friends Inner Wheel Book Group Report of March 2024 Get Together



It was a great turn out of members in the month of March, ready to discuss the latest novel “Apples Never Fall” by Liane Moriarty. The get together was held at the new home of Judy Giles at Tooradin. It was great to see where Judy and husband Hayden now live to be closer to Judy’s Mother.

There was lots of discussion about the latest book by Liane Moriarty. Most had enjoyed the read and would recommend it to others. Some felt that parts of the story dragged and finished all too quickly.

Aspects of the book that were discussed included parental pressure, domestic violence, family dynamics and peer pressure.

Next month we will be the memoir by Clare Bowditch titled “Your Own Kind of Girl” at Tania’s home in Garfield. Happy

Reading!!

**Helen van Diemen**  
Coordinator Circle of Friends Inner Wheel Book Group 2023-2024

### General meeting—March.

Due to the unavoidable absence of our President & Secretary it was decided we would replace our march meeting with a casual lunch at the Officer Club. The luncheon was well attended and there was delightful fellowship and laughter—especially when Jenny asked for a show of hands from “all those in favour of IT” — IT was unanimous at our table! Still not sure what IT is, but hey, IT was fun!

**Report by Joy Board**  
Editor & Club Correspondent.



12th April—Bronwyn Kennett

17th April– Sue Blenkhorn

Enjoy your Special Day

# RECIPE SHARING



From Maureen Lindau's kitchen

## RASPBERRY COCONUT TEACAKE

Serves 8–10

### INGREDIENTS

- 135g desiccated coconut
  - 375ml milk
  - 200g fresh or frozen raspberries
  - 300g caster sugar
  - 225g self-raising flour
- butter, to serve (optional)

### METHOD

Preheat the oven to 180°C/160°C fan. Line the base of a 21cm × 11cm loaf tin with baking paper and butter and flour the sides. Place the coconut, milk, raspberries, sugar and flour in a bowl and mix with a whisk or wooden spoon to form a smooth batter. (You could also do this in a freestanding mixer with a paddle.)

Pour or spoon the batter into the tin and bake on the centre shelf of the oven for 1¼ hours or until a skewer inserted in the centre comes out clean. Remove from the oven and rest in the tin for 5 minutes, then turn out the cake onto a wire rack to cool completely. Cut into slices and serve plain or with butter. The cake will keep in an airtight container for up to 4 days.

IF YOU WOULD LIKE TO ICE THE CAKE, BLEND TOGETHER THE JUICE OF 5 SIEVED RASPBERRIES, 100G ICING SUGAR AND A TEASPOON OR SO OF BOILING WATER TO ACHIEVE A RUNNY CONSISTENCY. DRIZZLE OVER THE COOLED CAKE AND FINISH WITH A HANDFUL OF TOASTED COCONUT.



Raspberry coconut teacake

[penguin.com.au](http://penguin.com.au)

# SOME LIGHT HEARTED THOUGHTS



## A Senior's Version of FACEBOOK

For those of my generation who do not, and cannot, comprehend why Facebook exists: I am trying to make friends outside of Facebook while applying the same principles. Therefore, every day I walk down the street and tell passers-by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom. I give them pictures of my family, my dog and of me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, having lunch, and doing what anybody and everybody does every day. I also listen to their conversations, give them "thumbs up" and tell them I "like" them. And it works just like Facebook. I already have 4 people following me: 2 police officers, a private investigator and a psychiatrist.

Animal Animal

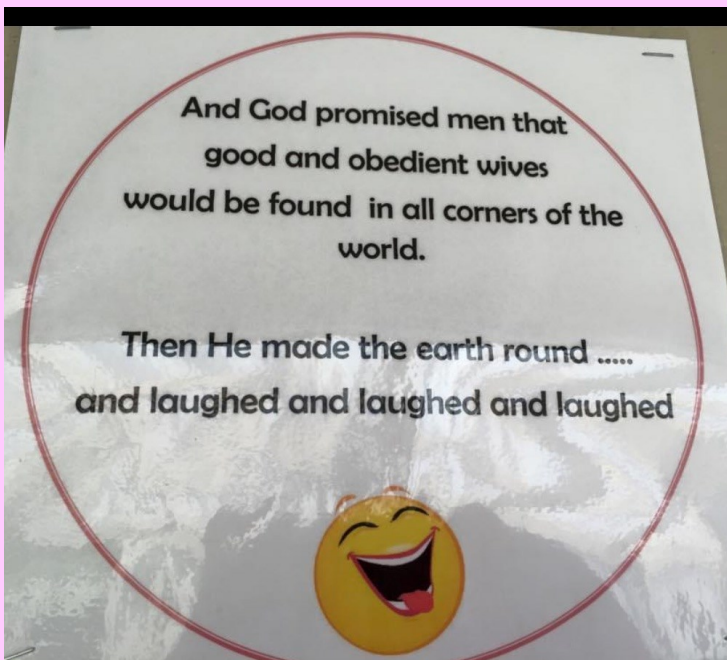
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"Our generation is so busy trying to prove that women can do everything men can do, women are losing the unique qualities that set us apart. The God-given femininity & unique way our Creator designed us. Women weren't created to do everything a man can do.... Women were created to do everything a man can't do." - unknown

hope

If you only carry one thing throughout your entire life, let it be hope. Let it be hope that better things are always ahead. Let it be hope that you can get through even the toughest of times. Let it be hope that you are stronger than any challenge that comes your way. Let it be hope that you are exactly where you are meant to be right now, and that you are on the path to where you are meant to be... Because during these times, hope will be the very thing that carries you through.  
- Nikki Banas

I haven't lost all my marbles yet...but there is definitely a small hole in the bag somewhere ...



# DATES FOR YOUR DIARIES



**Inner Wheel General Meeting** — Thursday 4th April, RSL. Guest speaker—Alwyn Williams. Induction Pam Barton.

## **Paddy's Kitchen**

- 31st March—Marlene Burhop, Jan Ahern

- 14th April —Debbie James, Volunteer needed please.

When delivering food enter from the service road as the rear door is now locked. 

## Dates for your Diaries —

**Sew & Chatter, RSL 10am**— Wednesday April 10th.

**Combined meeting Narre Warren, Berwick, Cranbourne, Pakenham 8th April @** the Dandenong Club. 6.30pm. \$35 p.h. due 3rd April. Chair charge for no shows. Car pooling to be finalized at our meeting on 4th April.

**Circle of Friends Book Club** Thursday 11th April 7:30pm @ Tania's home to discuss the memoir of Clare Bowditch "Your own kind of girl".

**Morning Coffee:** in recess. **Movies :** in recess.

**A62 District meeting:** Saturday 13th April @ 10am @ Warragul Black tie. \$30

**Next Exec meeting:** Monday 22nd April, 2pm at the home of Marlene Burhop.

**Sue's 0 Birthday:** Tuesday 23rd April, Pakenham Thai, 6pm. Advise if attending to enable accurate booking, selection of set menu, and catering for allergies. Pay on night.

**Sale Art Gallery**— Annemieke Mein Exhibition. 26th April. Numbers have been finalized. Car pooling to be finalized.

**IW Cranbourne "Drag Queen Bingo Evening":** 6pm Saturday 1st June.

**IW club Pakenham Changeover:** Sunday 14th July @ Meadowvale.

## Inner Wheel Club of Pakenham -Email addresses

President - [iiw.au.pakenhampres@gmail.com](mailto:iiw.au.pakenhampres@gmail.com)

Secretary: [iiw.au.pakenham@gmail.com](mailto:iiw.au.pakenham@gmail.com)

Treasurer - [iiw.au.pakenhamtreas@gmail.com](mailto:iiw.au.pakenhamtreas@gmail.com)

Correspondent- [iiw.au.pakenhamcorr@gmail.com](mailto:iiw.au.pakenhamcorr@gmail.com)

Editor— [iiw.au.pakenhameditor@gmail.com](mailto:iiw.au.pakenhameditor@gmail.com)

Photos: [karbunja@gmail.com](mailto:karbunja@gmail.com)

Could you all please add these addresses to your contact list and use them when contacting the relevant office bearer on Inner Wheel business. It will allow continuity of contact when the people holding the position change, keeps information in one Gmail file and frees up our personal accounts where sometimes specific messages can get "lost" among other personal messages.